

Handy Handouts®

Free informational handouts for educators, parents, and students

Speech Practice at Home

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Good communication depends on good articulation skills. Articulation refers to the production of speech sounds. When a child has difficulty producing specific sounds, speech intelligibility decreases, and the listener may not understand the child's intended message. A speech-language pathologist (SLP) works with a child to help him/her produce sounds correctly. They may work on individual sounds in isolation or sounds in syllables, words, phrases, or sentences. The ultimate goal is to help a child correctly produce speech sounds spontaneously at the conversational level. The SLP may send practice work home for the parents to complete with their child. Homework activities provide opportunities for a child to practice speech in a more natural environment with the encouragement and support of family.



Practicing Speech with Your Child

Following is a list of homework suggestions so that a child may practice speech in everyday situations and environments. Incorporate these simple suggestions at home to help your child practice speech sounds in a functional way. **Be sure to follow the guidance of the SLP that is working with your child when implementing these—and any other—practice exercises.**

Homework Suggestions – Word/Phrase/Sentence Level Activities (adapted from ARTIC LAB®):

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| | 1. Practice your _____ /l/ words _____ 25 times while getting dressed for school. |
| | 2. Practice your _____ /r/ phrases _____ 25 times on your way to school or on your way home. |
| | 3. Practice your _____ /s/ sentences _____ while shopping at the grocery store with your parent(s). |
| | 4. Practice your _____ for five minutes before or after dinner. |
| | 5. Practice your _____ 25 times before turning off the light to go to bed. |
| | 6. Practice your _____ with a brother/sister for five minutes. |
| | 7. Practice your _____ words while taking a bath. |
| | 8. Practice your _____ during commercials of one TV show. |
| | 9. Practice your _____ 25 times before or after playing video games. |
| | 10. Practice your _____ 25 times before brushing your teeth. |
| | 11. Practice your _____ while riding your bike. |
| | 12. Practice your _____ while cleaning your room/picking up toys. |
| | 13. Practice your _____ while your family cooks dinner. |
| | 14. Practice your _____ as you walk to the corner and back. |
| | 15. Practice your _____ for five minutes while riding in the car. |

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