

# Handy Handouts®

Free informational handouts for educators, parents, and students

## No-Prep Therapy Activity: Tell Me How to Get There

by Rynette R. Kjesbo, M.S., CCC-SLP

The ability to understand and follow directions is an important skill that we use on a daily basis. Your child might hear you say, "Put your dishes in the sink, then brush your teeth, and get ready for bed." Your child's teacher might tell you, "Sign this permission slip, and return it to me in the morning." Your boss might demand, "Get that file to my desk by this afternoon!" Or your neighbor might remind you, "Don't forget to feed my cat while I'm away. Give Fluffy a scoop of food in the morning, and a scoop of food at night."

One component that is critical to following directions is the ability to give good directions. If I told you to "Put the round thing in the uh... thingamabob with the handle before you turn it on..." would you know what to do? Here are some tips to follow when giving directions:



*Let's practice giving and following directions...*

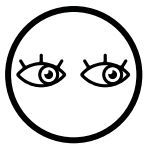
**Number of Players:** 2 or more

**Materials Needed:** Neighborhood map of Booburg (one copy for each player or team). *Optional: laminate map and use dry erase markers during game play.*

**Object of the Game:** Help Joey find all of the items for his neighborhood scavenger hunt (a giant spider, spooky tree, black cat, pile of candy, goofy mask, friendly ghost, and a jack-o-lantern).

**Directions:** Provide each player with a copy of the neighborhood map for Booburg found on the next page. Players take turns giving and following directions to get Joey to each of the items in his neighborhood scavenger hunt.

**Bonus:** Can you find the two blocks in the neighborhood that are identical?



- Minimize distractions and get your listener's attention before giving directions.



- Give directions one at a time. Be clear, specific, and to the point. Use vocabulary words that are appropriate for the age of your listener.



- Give your listener a few seconds to process what you said.



- Ask your listener to repeat what you said to be sure he/she understood.

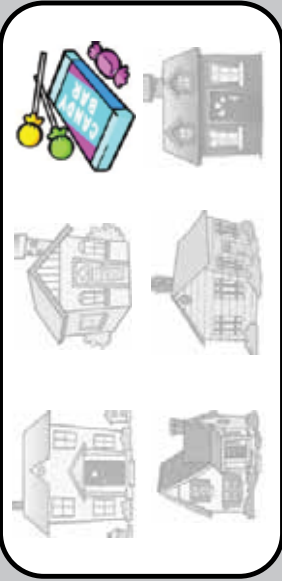
- Use visual cues to help with comprehension, when appropriate.

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# “Tell Me How to Get There” – Booburg Map

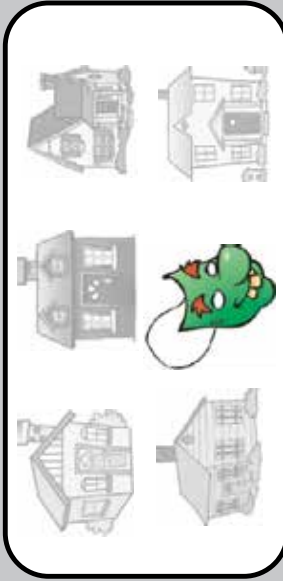
#652

CREEPY COURT

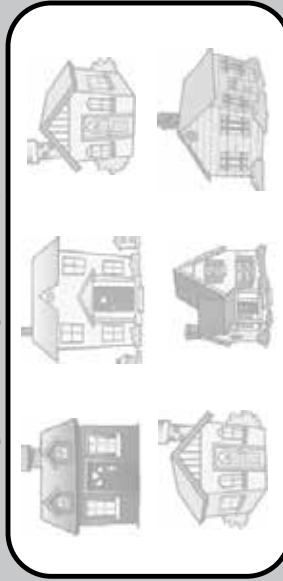


HOCUS FOCUS HILL

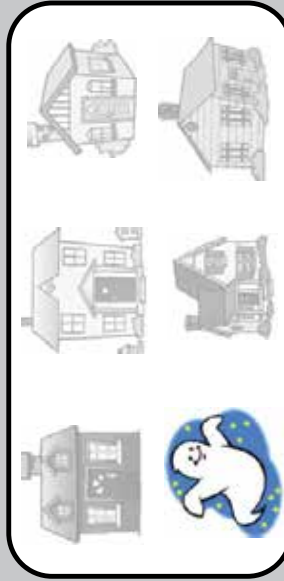
EER STREET



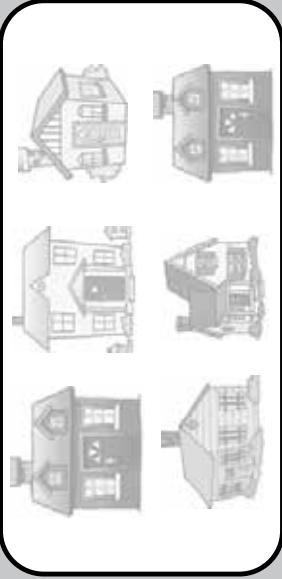
BONES BOULEVARD



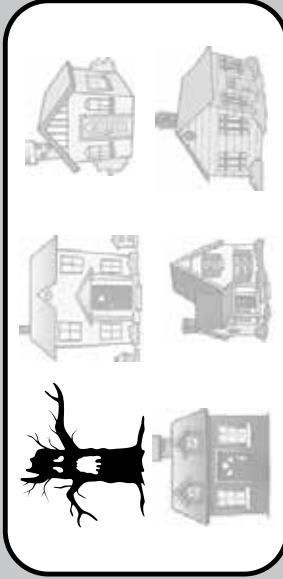
R.I.P. ROAD



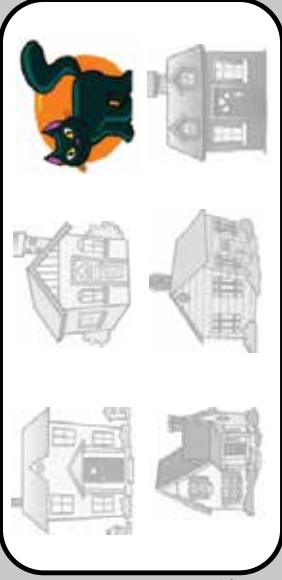
CEMETERY CIRCLE



DEAD END DRIVE



LANTERN LANE



WITCH WAY

